CADD 0008: Group Counseling with Substance Abusers

Being able to work with groups in counseling is a critical skill. Topics covered in this class include observational methods in groups, supportive vs. self-awareness group therapy, an overview of group therapy approaches and how to lead a therapy group. Through this core class, students are able to develop their overall skills in group counseling.

Clock Hours: 8 Discipline: Addiction Studies Clock Hours per Week: 8