

# CADD 0005: Substance Abuse Treatment for People with Co-Occurring Disorders

This course is designed to introduce the most common mental health disorders. This includes a review of the relevant signs, symptoms and diagnostic criteria. Students will see how substance related problems as well as barriers to maintaining sobriety interplay with the mental health diagnosis. Participants will practice various techniques that apply to both mental health and substance related disorders, seeing how to best address client's complex needs. Responding to suicidality will also be emphasized.

**Clock Hours:** 8

**Discipline:** [Addiction Studies](#)

**Clock Hours per Week:** 8