

# Continuing Education Units (CEU)

The Continuing Education Unit or CEU is a nationally recognized unit of measure standardizing participation in non- degree continuing education courses. Per the U.S. Department of Education, a CEU is defined as ten (10) contact hours in an organized program under responsible sponsorship, capable direction, and qualified instruction. Students seeking to use CEUs for tuition reimbursement or other purposes are advised to check with their organization to see if CEU's from Villanova University are accepted.