CADD 0013: Medication Assisted Therapy

Medication Assisted Therapy (MAT) is the use of medications, in combination with counseling and behavioral therapies, to provide a whole-patient approach to the treatment of substance use disorders. Research shows that when treating substance-use disorders, a combination of medication and behavioral therapies is most successful. MAT is clinically driven with a focus on individualized patient care.

Clock Hours: 8

Discipline: Addiction Studies **Clock Hours per Week:** 8