

CADD 0008: Group Counseling with Substance Abusers

Being able to work with groups in counseling is a critical skill. Topics covered in this class include observational methods in groups, supportive vs. self-awareness group therapy, an overview of group therapy approaches and how to lead a therapy group. Through this core class, students are able to develop their overall skills in group counseling. *(Course to be sunset by June 1, 2024)*

Clock Hours: 8

Discipline: [Addiction Studies](#)

Clock Hours per Week: 8